| **Characteristic** | **Usual Care**  N = 1651 | **CFT**  N = 3271 |
| --- | --- | --- |
| Sex, n (%) Female |  |  |
| Female | 106 (64%) | 201 (61%) |
| Male | 59 (36%) | 126 (39%) |
| Age (years) | 47 (38 to 58) | 48 (38 to 58) |
| Duration of care seeking (y), median (IQR) | 4.0 (2.0 to 7.7) | 4.5 (2.3 to 9.2) |
| Length of current episode (y), median (IQR) | 5.00 (4.00 to 6.00) | 5.00 (4.00 to 6.00) |
| University education, n (%) |  |  |
| Non-University | 75 (45%) | 160 (49%) |
| University | 90 (55%) | 167 (51%) |
| Confidence in treatment assigned, n (%) |  |  |
| confident | 24 (15%) | 104 (32%) |
| somewhat confident | 11 (6.7%) | 88 (27%) |
| uncertain | 79 (48%) | 85 (26%) |
| unconfident | 28 (17%) | 5 (1.5%) |
| very confident | 9 (5.5%) | 40 (12%) |
| very unconfident | 14 (8.5%) | 5 (1.5%) |
| Activity limitation (0 to 24), mean (SD) | 13.3 (9.9 to 16.2) | 13.9 (10.2 to 17.0) |
| Cognitive flexibility (12 to 72), mean (SD) | 59 (56 to 65) | 59 (54 to 64) |
| Pain intensity (0 to 10), mean (SD) | 6.00 (5.00 to 7.00) | 6.00 (5.00 to 7.00) |
| Pain self-efficacy (0 to 60), mean (SD) | 37 (28 to 45) | 34 (25 to 43) |
| Pain catastrophizing (0 to 52), mean (SD) | 23 (17 to 33) | 23 (16 to 32) |
| 1n (%); Median (Q1 to Q3) | | |